

# Sample Corporate Program Menu

Breakfast, Coffee Break, Snack Break, Lunch

## Sample Breakfast Menu with Hot Addition Option

### **Breakfast Breads**

Croissants, English Muffins, Whole Grain & White Country Breads  
Assorted Muffins, NY Bagels with Cream Cheese, Assorted Jams & Butter

### **Homemade “Pop Tarts”**

Choice of: Strawberry, Cinnamon Sugar

### **Smoothie Bowl**

Choice of: Matcha, or Strawberry Banana  
Sliced strawberries, bananas, blueberries, raspberries, mango  
Chia seeds, granola, shaved coconut, slivered almonds

### **Fresh Fruit Salad**

Assortment of seasonal fresh fruit topped with mint and your choice of  
Citrus Syrup or Mint Maple Syrup

### **Egg “Muffins”**

Carb free muffin tin baked eggs with your choice of:  
Western style with diced ham, peppers, onions & cheddar cheese  
Seasonal vegetables & fontina

### **Greek Yogurt Parfait**

With warm blackberry & blueberry sauce Or sliced strawberries & mint

### **Hot Addition**

#### **Corned Beef Hash**

Over Easy or Scrambled Eggs Lightly Grilled Sourdough Baguette with Fresh Herbs

## Sample Coffee Break & Snack Break

### **Coffee Bar**

Choice of Hot or Cold Brew Iced Coffee  
Hot Cocoa & Assorted Teas  
Assorted Syrups & Flavored Creamers Such As:  
Pumpkin Spice, Caramel, Almond Cookies, Mint, Chocolate  
Whipped Cream, Cinnamon, Nutmeg  
Half and Half, Whole Milk, 2% Milk  
Organic sugar, Sugar in the raw, Stevia  
Biscotti

### **Fresh Whole Fruit**

Selection may include: Gala Apples, Pears, Naval Oranges, Bananas

### **Farmers Cheese Board**

A Selection of locally handcrafted artisan cheeses from NJ and PA dairy farms  
Local Honey, Jams, Seasonal Fruit & Marcona Almonds  
Fresh Baguettes & Flatbreads

### **Yogurt Bark**

Mixed Berries or chocolate & strawberries

### **Truffle Popcorn**

### **Roasted Edamame**

Sea Salt, Black Pepper, Lemon Zest

### **Homemade Bistro Chips**

Homemade potato chips spiced with paprika, sea salt, touch of cayenne

### **Homemade Cajun Kale Chips**

### **Curry Fried Chick Peas**

### **Parmesan Wonton Crisps**

## Sample Grab and Go Lunch Menu

### **Spinach & Quinoa Salad**

Diced bell peppers, cilantro, black beans, feta, chipotle vinaigrette

### **Turkey, Mozzarella & Green Goddess Sandwich**

Bacon, fresh mozzarella, lettuce, tomato, green goddess dressing on 7-grain hero

### **Sweet Potato, Beet & Feta Sandwich**

Ancho chile spiced sweet potato, shaved beets, feta on whole grain country bread

### **Cajun Chicken Salad Sandwich**

Cajun Chicken Salad, Lettuce on Black Bread

### **Tortellini Pesto Pasta Salad**

Fresh homemade pesto, cherry tomatoes, hericot vert & shaved parmesan

### **Assorted Sun Chips**

### **Assorted Whole Fruit**

### **Flancocho Square**

Homemade cake topped with Flan

## Sample Hot Lunch Buffet

### **Fresh Breads**

Pull apart rolls, seven grain rolls, brick oven baguettes & batard

### **Salad Bar**

Seasonal selections of fresh & local produce which may include choice of:

Mesclun Mix or Arugula

Quinoa

Cherry Tomatoes, Roasted Beets, Shredded Carrots, Jersey Corn, Cucumber, Shaved

Red Onion

Crumbled Blue Cheese, Feta

Walnuts, Crispy Shallots, Pumppernickel Croutons

Extra Virgin Olive Oil & Balsamic Vinegar

Red Wine Vinaigrette, Dijon Vinaigrette

### **Korean Marinated Braised Beef Short Ribs**

Topped with kimchi & sizzled Scallions

### **Poke Bowl Station**

Sushi Grade #1 Organic Salmon Poke Bowls (GF)

Warm sushi rice, diced bell peppers, jalapeno, onion, tomato, cucumber & shoyu  
sauce

### **Mashed Potatoes**

### **Stir Fried Chinese Broccoli**

### **Homemade Mini Fruit Tarts**